

**18 SEPTEMBRIE**  
**RUGACIUNEA 3**  
**SF.CUVIOASE**  
**EUFROSINA DE LA SUZDAL**

**A Prayer**

Saint Evfrosiniya, virtuous woman of prayer and faithful follower of Christ, we pray to you for strength in these chaotic times and for loyalty to the Church. We desire to worship God not with timidity, but in confidence and unity, and with courage amid the political and cultural pressures of our era. We especially pray for the monks and nuns in every land, that their witness will shine forth through the grace of God and impede the encroachment of the world. Venerable Evfrosiniya, keep us, unworthy though we are, within your loving shelter and beseech Jesus Christ for our salvation. Amen.